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Issue #8

The Milestone (on) Times

Some News That's Fit to Print

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Dear Caryn,

The holidays have come and gone and Milestone has started the new year with a flurry of activity. 2011 promises to be filled with new projects in addition to new opportunities, one of which we'll tell you more about below.



We're on our way...to THA!

The big news? We are on our way...to THA! Milestone is proud to be sponsoring this year's **Texas Hospital Association** (THA) Conference, to be held February 2-3 in Austin, Texas. Please stop by Booth 608 in the Exhibit Hall and say hello!

Burgundy says "Bon Jour" to New Hospital

By Scott LaTulipe



Facade of Chalon's New Hospital

The new hospital in Chalon-sur-Saone, France, will open in the Fall of 2011. It will replace the original hospital, founded in 1529 on an island in the middle of the Saone river. The new hospital is an impressive five-story structure of more than 753,000sf (70,000sm) on a new greenfield site, designed by **Brunet Saunier Architectes**.



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When I toured the project in November 2010, the facility was ending its third year of construction. The hospital was dried in and the interior spaces were in different phases of completion. Most of the departments were framed and walled, so the specific room geometries were well defined. This allowed our small group to easily determine departmental layouts and vertical stacking adjacencies. The organizational principles of hospital planning that we employ in the United States are echoed very closely in this facility.

The typical floor plate is just over 215,000sf (20,000sm). The hospital's program includes outpatient surgeries, specialty clinics (dermatology, cardiology, geriatrics, neurology, etc), state of the art diagnostic imaging, ICU beds, a dialysis unit, oncology, pediatrics, pharmacy, laboratory services and more. In short, this is a comprehensive hospital with clinics that in the US we would typically house in less expensive real estate, such as a dedicated/connected medical office building. With all of the clinical spaces located in the facility, the Chalon hospital employs a "centers of care" philosophy, similar to that of large academic medical center that we might see here in the US.

One difference in patient care delivery is the noticeable lack of family and visitor accommodations in the patient room. Visitors and family are welcome during visiting hours only, and there is no visitor dining room. In the French system, hospitals are purposefully built for the care and treatment of the patient. Amenities that we focus on in the US, to give an upscale or "hotel-like" experience to our patients and visitors, are market differentiators. In France, these elements would only be found in private clinics, which draw a smaller population than the widely accessed and well regarded public healthcare system.

Visit Chalon and other new hospitals in France!

Through [Detours in France](#), a company offering customized tours of particular regions in France, we have a unique opportunity this May to visit three different hospitals in the Burgundy region, all in different stages of construction. One is a newly completed, highlighting the current vision of the French Healthcare System (Dijon, occupied in May 2010). Another, currently under construction, affords the opportunity to see French healthcare construction techniques and methodologies (Chalon). Lastly, the modern Beaune hospital should be breaking ground on a major addition and renovation of their 1970's facility. This will be an exciting opportunity to compare and contrast the approaches that each country takes in its architectural planning, operational staffing, patient "flow patterns" and approaches to the basic construction of hospital facilities.

This exclusive tour, limited to 14 persons, also includes a visit of the historic Hospices de Beaune, arguably the genesis for Western Europe's model for the care and treatment of the ill. Click [here](#) for more information on how you can join us for this exciting tour of health care facilities and the Burgundy wine region!



Atrium View of the Hospital

St. Luke's Episcopal Hospital Welcomes New High-field Open MRI at Kirby Glen

St. Luke's Episcopal Hospital recently installed a new Philips Open MRI at their Kirby Glen Diagnostic and Treatment Center.

This facility is the first in the Texas Medical Center to offer both 1.5T MRI and 1.0T High-field Open MRI imaging procedures. High-field technology offers greater image quality over the earlier generation open MRIs. Additionally, the open design and expanded patient bed allows a greater population of patients to be served - including larger and claustrophobic person, and also full body athletes. Kirby Glen is the first location in Houston to offer Kinematic joint studies - images of the joint in motion - a new diagnostic tool for physicians.

This project involved the renovation of approximately 1,400 SF; the space was formerly designed as a linear accelerator vault.

Milestone Project Management was engaged by St. Luke's Episcopal Health System to manage the design and construction process for this project.



Photo by Mark Scheyer

Earl Swensson Associates (architects) and **Smith Seckman Reid** (MEP) were the design team for the Open MRI. **DE Harvey Builders** served as the Construction Manager.

There's an App for That!

By Scott LaTulipe



As a long time iPhone user, I've been through scores of apps, some that I find interesting for a few hours, days, and weeks. I have a very high turn over rate on my iPhone "desktop."

However, I do have a few apps that I turn to on a daily basis to help me plan my day, manage projects and entertain me. Here are a few of my favorites:

ReQall is an easy application to enter your "to do" tasks and schedule them on a one-off or recurring basis. Simply speak the task into the iPhone and pepper your task with key phrases, for example: "Call Dave Ryan concerning Trade Show on Tuesday at 4pm." ReQall transcribes the task and schedules a reminder email or alarm prior to the appointed time. It's a great way to *Get Things Done*. Use the "hands free" feature when you are in the car to do a "brain dump" of all the tasks you are thinking about.

Milestone is moving toward Cloud Project Management (for more information, read my blog on it at: www.mpmlc.com/blog), to that end we are using TeamWorkPM to manage, collect and disseminate "Owner-related" project information to all of the various stakeholders on our construction projects. **TeamWorkPM** has a great mobile app that makes it easy to track, search and upload information on the go.

If you use an iPad, a concise way to keep up with your news, Facebook, Twitter, RSS feeds and magazines, is **Flipboard**. This application collects your favorite news sources and formats it into a "newspaper-like" interface. It's perfect for catching up on these information sources without having to use a web browser.

If you have a favorite app that you would like to share with our readers, please email us at info@mpmlc.com. We would love to hear about your mobile life!

Milestone Helps Fight Hunger during the Holidays

This year, Milestone volunteered at the **Houston Food Bank** during the holidays as a way to give back to the local community.

On a Saturday morning, one group of Milestonians wiped down food products and checked to make sure they were safe to consume. Another group worked in the facility's re-pack room packing boxes of food that would be distributed to families during the holiday season.

We were very proud to participate with this important organization and look forward to finding other ways to help fight hunger in Houston.



Milestone at the Houston Food Bank

We hope you've enjoyed this issue of our newsletter. Be sure to check out our [website](#) - we've been updating our projects and services pages - and check out our newest [blog](#) postings.

If you would like additional information about Milestone Project Management, or to give us feedback on this newsletter, please email us at info@mpmlc.com.

Sincerely,

MILESTONE PROJECT MANAGEMENT

Scott LaTulipe	Bill Eide	Merrill Stanley
Caryn Mims	Dana MacMoy	Eric Serna
Matthew Molder		

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Milestone Project Management, LLC | 2444 Times Blvd., Suite 300 | Houston | TX | 77005