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August 2010

The Milestone (on) Times

Some News That's Fit to Print

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COMING SOON:

A Special Edition of **Milestone on Times** focused on Health Care

Dear Caryn,

This month we are featuring the new ORs at St. Luke's The Woodlands Hospital. Guest author Kristen Eide has penned our newest column, "Have You Heard," which focuses on items of interest in our area (Houston) and our own Dana MacMoy will be the first Milestonian to share her favorite business tools in "There's an App for That!" Of course, you may unsubscribe at any time if you do not wish to receive future mailings. Just use the "Unsubscribe" button at the bottom of the page.



St. Luke's The Woodlands Hospital - Eight is Great!

St. Luke's The Woodlands Hospital has just completed four new ORs, bringing their total number to eight.

A 7,000 SF expansion over the existing, single-story Emergency Department allowed the hospital to double their OR capacity without increasing the building footprint.

The expansion includes one heart room and one DaVinci (robotic) room. The other two rooms are built out for future heart and DaVinci rooms. The project also included dedicated rooftop units, a screen wall and building signage.

The original building was constructed in anticipation of the expansion; an EPDM roof (a lower-cost initial investment) covered the one story area.



Photography by Geoff Lyon

Reform

Construction began in the fall of 2009 and the ORs were completed in two phases. Two ORs were occupied in March, the others in July.

Healthcare projects have many challenges, and this one was no exception. One of the primary goals of the project management and construction team was to ensure that the adjacent patient areas remained in use throughout the construction duration.

Eric Serna was the project manager for Milestone Project Management. "We worked closely with the facility's management and hospital administration to ensure that effects of construction on the surgery schedule were minimized."

PBK Architects led the design team, including Garner Fritsche Engineering (MEP) and Walter P Moore (structural). HOAR Construction served as the Construction Manager and General Contractor.

St Luke's The Woodlands Hospital is the centerpiece of a 70-acre healthcare campus that includes medical office buildings and the St. Luke's Lakeside Hospital (specializing in Cardiology, Sports Medicine and Orthopedic/Spine Care). With nearly 500,000 SF of healing environments campus-wide, St. Luke's continues to expand its comprehensive care to residents of The Woodlands.

Have You Heard?

By Kristen Eide



Have you heard about Gonzo? No, not the Muppet, Gonzo the Artist! Gonzo 247 (that's Gonzo two, four, seven) is no stranger to street art (street art being the more contemporary term for graffiti). Not only does Gonzo 247 teach classes on the art of tagging and graffiti but he also owns Aerosol Warfare Gallery, located in Houston's downtown district on Jefferson. Aerosol Warfare specifically highlights street, urban and graffiti artists and never shies away from conflicting art forms.

Last week, Gonzo showed a new line of dimensionally crafted graffiti art at Design Within Reach on West Gray. The line features found, vintage Herman Miller fiberglass chairs that are resurfaced with

Gonzo's own unique graffiti art. Herman Miller is a long-time producer of iconic and influential chair and furniture designs (including the Aeron Chair) and an early pioneer of ergonomic seating, including pieces designed by the architects Charles and Ray Eames. Take a look at the photos and contemplate this exciting combination of iconic furniture and contemporary imagery.



Be sure to check out the [Houston Press](#) for more on what's happening in Houston.

There's an App for That!

By Dana MacMoy



Dana MacMoy

Since getting my iPhone two years ago, I have become a self-proclaimed app junkie. The phone has become a constant resource. I use it for everything from grocery shopping to complex time and project management tools.

I will admit to having a number of apps dedicated to the fine art of time wasting as well, but many of my apps have become useful business tools. A few favorites are: **Dragon Dictation** - This free app transcribes your spoken words to type for use in emails or text messages. This is really useful if you are

always on the go. If you announce clearly, this app is fantastic.

Adobe Ideas - I find this is great because it allows you to sketch on top of photos and email drawings as PDFs. I have SketchBook as well, but Adobe Ideas is more user-friendly and FREE.

Dropbox - For those not familiar, Dropbox is cloud file storage service that allows you to store files that can be accessed from any computer with an Internet connection. With the iPhone app I can access these files from anywhere using 3G. For me, this has become almost invaluable. And again, this app was free.

We hope you've enjoyed this issue of our newsletter. Be sure to check out our **website** once in a while and check out our **blog** postings.

If you would like additional information about Milestone Project Management, or to give us feedback on this newsletter, please email us at info@mpmllc.com.

Sincerely,

MILESTONE PROJECT MANAGEMENT

Scott LaTulipe Bill Eide Merrill Stanley
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